



# Saint Anna

## Greek Orthodox Church

**A METROPOLIS SHRINE**  
*dedicated to the sanctity of marriage  
& family through the intercessions of  
Ss. Joachim & Anna*

**September 26, 2010**

### **Falling Asleep of St. John the Theologian**

1 John 4:12-19

John 10:25-27

#### **CLERGY**

Rev. Dr. Christopher Flesoras,  
frchris@saintanna.org

Rev. Dn. Joseph Roucco Brown,  
dnjoseph@saintanna.org

#### **Ministries & Administration**

[www.saintanna.org](http://www.saintanna.org) (916)772-9372

Church Administrator, Morfoula Lenakakis,  
secretary@saintanna.org  
Parish Council, Greg Kyritsis  
parishcouncil@saintanna.org  
Youth Director, Michelle Hawe  
michelle.hawe@saintanna.org

Religious Education, Margaret Mueller,  
religiouseducation@saintanna.org  
Pre-School & Day Care, Liy Gallagher,  
preschool@saintanna.org  
Archangel Gabriel Bookstore,  
Cynthia Sheffer @ bookstore@saintanna.org

We welcome you to the celebration of Divine Services. You are encouraged to follow along in our hymnal and to prayerfully sing the services.

Only those who have been baptized and confirmed, who have recently been to confession, and are in good standing in the Eastern Orthodox Faith may participate in the Holy Mysteries, including the Eucharist. The Orthodox Christian Church does not practice intercommunion with other Christian denominations. We believe that Holy Communion is not the means to Christian unity, but instead the fullest expression of our union in Christ. We therefore pray in every service for the unity of our churches, so that we may profess a common belief in the Holy Trinity and also a common worship, Faith and practice.

At the close of the Liturgy, everyone is invited to receive blessed bread, antidoron, "instead of the gift," from the priest as a token of Christian fellowship and also to venerate the Holy Relics of Saints Joachim and Anna when they are brought forth. Please contact either Fr. Christopher or Dn. Joseph if you desire to learn more about the Orthodox Christian Faith. May our Lord, through the intercessions of our matron, Anna, the Mother of the Theotokos and ever-virgin Mary, bless you!

### CHURCH ETIQUETTE

It is imperative that each of us makes every effort to possess a respectful, humbled, prayerful, and Christian spirit. The Narthex is a place of transition, where we "lay aside all worldly cares that we may receive the King of all..." Therefore, whether we remain in the Narthex with young children or transition to the nave, cell phones should be turned off, conversation should be limited, and our attention should be focused on receiving the Incarnate Word. We thank all those who assist us in maintaining this prayerful and spirit-filled environment.

Worship in the Orthodox Church is for the entire Christian family. Parents are asked to remain in our chapel with their child(ren) throughout services. If a young child becomes restless, parents may wish to proceed to the Narthex. Classrooms are to be used only by our youth and their instructors for Religious Education classes and not as gathering places either during or after services.

While the Eucharist is being offered to the faithful, please allow the ushers to assist with dismissing rows. Our Religious Educators and our youth should receive the Eucharist and then members of the community. While the Eucharist is being administered to those Orthodox who are prepared, the faithful are asked to remain standing and prayerful.

### THE SERVICE OF SUPPLICATION

to Ss. Joachim & Anna is prayed on the first of every month. The Holy Relics of Joachim and Anna will also be brought forth for veneration during services.

### HOSPITAL/HOME VISITATIONS

When a parish member is ill, the family is asked to contact the clergy. Do not rely on others to inform them. For as Scriptures says, "Is anyone among you sick? Let him call for the presbyters of the Church, and let them pray over him, anointing him with oil in the name of the Lord. (General Epistle of James 5:14).

### PASTORAL EMERGENCIES

Contact Fr. Christopher, 916.276.3308 or Dn. Joseph, 530.268.4657 in case of emergency. Other calls for our clergy should be directed to the Church Office. Thank you!

### OFFICE HOURS

Church Office is open from 10AM-3PM, Tuesday through Friday

### STEWARDSHIP NOTE

We now have 143 stewards who have submitted their 2010 Stewardship cards reflecting their gifts of Time, Talent, and Treasures. We have between 160-200 families participating in our community, we ask that all members *please* fill out their Stewardship Cards. Completing these cards is essential for the on-going plan of our Church operations by our Parish Council. Cards/envelopes are located at the candle stand at the entrance of the church or just ask for assistance from one of our council members.

Thank you!

### PARISH COUNCIL REQUEST...

When submitting your check donations, please remember to identify in the "memo" section (lower left corner of the check) for what your donation is being dedicated. Most likely it will be for your regular stewardship, so mark Stewardship. If it is for anything else, such as: Capital Campaign (building fund), Benevolent Fund (those in need), Youth Group, etc., please indicate that. Many times we get checks with no markings and the council member then has to make a decision where you want your money to go, and it may be designated to the wrong fund. Thank you...

### "GENERATIONS"

The bi-monthly newsletter of our Parish. If you are not currently receiving it, contact the Church Office. To be included on our Parish LISTSERV, email office@saintanna.org, noting "LISTSERV" in the memo. Please visit www.saintanna.org for Orthodox Christian news.

### SCRIP

To purchase scrip or if you have any questions, please call Christine Lovett @ 916.996.8115 or email her @ christinelovett@yahoo.com

### Fundraiser for Monastery of the Life Giving Spring

The Nativity of Christ parish in Novato, California will be hosting a luncheon and silent auction to support the monastery on Saturday, October 9. The day will include Divine Services chanted by the Nuns with the meal to follow. Please contact Marie Eliades at (707) 766-6908 or marie@eliades.net for more information.

### 2009-2010 Parish Directory

If you have not received your 2009-2010 Parish Directory please call the Church office @ 916-772-9372 to pick one up.

### SCHEDULE OF SERVICES

9/26	Orthros/Liturgy, 8:45 AM
9/29	Akathist to the Mother of God Nurturer of Children, 6 PM
10/2	Great Vespers in Reno, NV Fr. George's Retirement
10/3	Orthros/Liturgy, 8:45 AM
10/6	Akathist Prayer, 6 PM
10/9	Great Vespers, 5 PM
10/10	Orthros/Liturgy, 8:45 AM
10/13	Akathist Prayer, 6 PM
10/16	Vespers, 5 PM
10/17	Orthros/Liturgy, 8:45 AM
10/18	Orthros/Liturgy, 9 AM St. Luke

### ON THIS 26TH DAY OF THE MONTH, WE COMMEMORATE

the glorious, Apostle and Evangelist,  
Bosom Friend, Virgin, Beloved, John the  
Divine.

Through their holy intercessions, O God,  
have mercy on us and save us.  
Amen.

### FESTAL HYMNS

**RESURRECTIONAL APOLYTIKION** (First Tone) – Although Your tomb was sealed with a stone, O Savior, and your most pure body was guarded by the soldiers, You rose on the third day giving life to all the world. Therefore, O giver of life, the powers of heaven praise You: Glory to Your resurrection, O Christ. Glory to your kingdom. Glory to Your saving wisdom, O only lover of mankind. (pgs 99-101)

**APOLYTIKION** - Beloved Apostle of Christ our God, hasten to deliver a people without defense. He who permitted you to recline upon His bosom, accepts you on bended knee before Him. Beseech Him, O Theologian, to dispel the persistent cloud of nations, asking for us peace and great mercy.

**APOLYTIKION OF ST. ANNA** - (Fourth Tone) – O godly-minded Anna, you did give birth unto God's Mother who conceived Him Who is our Life. Wherefore, you have now passed with joy to the heavenly rest, wherein is the abode of them that rejoice in glory; and you ask forgiveness of sins for them that honor you with love, O ever-blessed one. (front inside cover of hymnal)

**KONTAKION**- O unfailing protection of Christians, and our faithful advocate before the Creator, though we are sinners, do not ignore our entreaty; but in your goodness, grant your timely help to us who appeal to you in faith. Quickly make intercession; on our behalf make speedy supplication, O Theotokos, for you always protect those who honor you. (pgs. 225-227)

### MEMORIAL SERVICE

Today we will pray for the servants of God, Stamtios Asselanis on the 40 days of his passing and the servant of God, Costa Assleanis on his falling asleep in the Lord 13 years ago.  
May their Memory be eternal.

### SCRIPTURE READINGS

9/27	Phil 1:1-7 Luke 4:38-44
9/28	2 Cor 4:6-15 Luke 6:17-23
9/29	Phil 1:12-20 Luke 5:33-39
9/30	Phil 1:20-27 Matthew 24:42-47
10/1	Acts 9:10-18 Luke 6:17-23
10/2	1 Tim 1:12-17 Luke 5:17-26

### ORTHODOX CHRISTIAN RELIGIOUS EDUCATION

#### NEW TESTAMENT BIBLE STUDIES

Tuesdays, 10:30AM-12PM

(the Gospel of Mark)

Wednesdays, 7-8:15PM

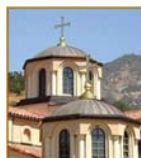
Thursdays (1st & 3rd Thursdays of the month), 6:30-8:30PM in Lake of the Pines at the home of Dn. Joseph and Anna, 530.268.4657.

### ARCHANGEL GABRIEL BOOKSTORE

"SPREAD THE GOOD NEWS!"

Come by after services to check out new inventory!

SAINT ANNA  
PARISH  
FAMILY RETREAT  
"CONSECRATING OUR FAMILY TO  
CHRIST"



OCTOBER 22-24  
AT  
ST. NICHOLAS RANCH

Friday, October 22nd  
7:00PM Dinner  
8:00 pm Prayer Service  
8:30 pm Introdution, Discussion on  
"Being Receptacles of God's Grace"  
9:30 pm Down Time

Saturday, October 23rd  
7:00AM Morning walk or jog for those up  
to it  
8:30 am Orthros  
9:00 am Breakfast  
10:00 am Session 1,  
"Consecrating the Christian Family"  
11:30 am Organized activities  
(hike to lake on prayer trail, canoeing,  
games)  
12:30 pm Lunch  
1:30 pm Session 2 with Gerondisa  
"Consecrating the Monastery"  
2:30 pm Tour Monastery  
4:30 pm Great Vespers  
6:00 pm Dinner  
7:00 pm Evening Discussions and Activities  
8:30 pm Campfire and Confession

Sunday, October 24, 2010  
6:30 am Orthos at the Monastery  
8:00 am Liturgy at the Monastery  
10:30 am Trisigion for Tom Kelly  
at Monastery Cemetery  
11:15 am Late Breakfast  
12:30 pm Closing Prayer and return home

Package includes meals from Friday dinner-  
Sunday Lunch, and lodging in a hotel style  
room with your own bathroom.

Package Prices:

Single Person: \$145.00

Couples: \$270.00

Families of 4: \$295.00  
(\$30.00 for each additional family member)

Please have all checks into the Church Office  
no later than October 17.

If you would like to sign up please call Greg  
Kyritsis at  
916.415.7007 or sign up in the Narthex  
TODAY!



**PHILOPTOCHOS**

**PHILOPTOCHOS MEETING** - Next Philoptochos  
Meeting is scheduled Tuesday, October 5 @  
6:30 pm.

*Everyone is welcomed!*

**UPCOMING EVENTS**

**PENNIES & PRAYERS CAMPAIGN 2010**

Thank you to all those who supported this  
drive. The monies collected will benefit our  
mission parishes. If you still have a cannis-  
ter, it is not too late to bring it to Church

**TAVERNA NIGHT**

Saturday, October 9, following great  
Vespers the Philoptochos will host the first  
Annual Taverna Night. This is an evening  
for fellowship with our friends and family.  
Tickets are \$10 a person and on sale now.  
There are limited tickets. Please contact  
Stella Sideris at 916.772.5292 or Lily Gal-  
lagher at 916.652.1163.

**COFFEE HOUR**

**September 26-** Sara Stamas, Ann Banks,  
Stella Sideris, Elaine Eason,  
Tess Kelly

**October 3-** Loukoumades

**October 10-** Demetra Moestopo, Connie  
Keriotis, Diane Papageorge-Eckels,  
Roberta Rousos, Joan Klipish

**October 17-** Kathy Strandburg, Cathy  
Taylor, Debbie Stamas, Rudina  
Loudaros, Sandy Sacoolas

Please refer to the posted list in the kitchen  
for upcoming Coffee Hour Scheduled  
times.

**Call Ellen Moustris @ 783-8097  
to sign up to host a coffee hour!**

**2010 Life Chain Sunday,**

October 3, 2010 2-3:30 p.m.

Pro-Life public witness is a way of appeal-  
ing to our culture. Pro-Life prayer is a way  
of appealing to God. This is Life Chain – an  
hour and a half of silent prayer and peaceful,  
public witness, praying for God's forgive-  
ness, for conversion of hearts and minds and  
for an end to abortion in our nation and in  
our world. Locations closest to St. Anna's:

AUBURN LOCATION - Grass Valley  
Hwy at Lincoln Way, 2:30 to 3:30 p.m.  
Contact Penny Gowring at 530-885-9055

CITRUS HEIGHTS LOCATION - Green-  
back Lane and Sunrise Blvd. Contact Jan  
(916) 749-6719 or Margie (916) 486-8913